

# Fall/Winter Vegetable Garden

## Cool Weather, Cool Plants

Cooler fall weather means it's time to transition from tomatoes, squash, cucumbers, and other summer vegetables to cool-weather ones.

**Where to Plant:** Be sure to select a sunny spot on your deck or in your yard.

- **Raised Beds:** These are an easy drop-in garden for any flat space in your yard. Simply place in a sunny spot, fill with soil mixture, plant, water, & enjoy! You can lay down sheets of newspaper over existing turf to kill the grass before laying down the bed and adding the soil.
- **Earth Boxes:** These bad boys do it all! These can sit on your porch or deck, they are self watering, prevent over watering, and speed up plant growth.
- **Standard Pots:** The larger the pot, the better they will retain moisture and allow for growth.

**Soil:** Choose rich, conditioned soil (we love Bumpercrop!) that helps transition your plants into a new home. Fertilizer (we love Bio-tone!) is a good idea to help promote root growth and happiness.

**Cool Weather Veggies** such as: Lettuce, Kale, Cabbage, Broccoli, and more.

- Ones that typically overwinter: leafy greens, select root vegetables, sprouting crops, onions, and garlic.
- Annual herbs can continue through the fall season until it gets too cold, around October. Continue growing and harvesting by bringing them indoors in a sunny, south facing window. Perennial herbs will return in the spring.

**Establishing Your Plants:** The biggest factor is getting your plants in the ground early enough that they can reach maturity for harvest.

- Days to maturity vary for each plant. Growth slows as the season grows closer to winter.
- Be sure not to fertilize in late fall.

**Protecting Your Plants from Frost:** Few plants tolerate frost. With our milder winters, this is something that you want to keep an eye on when temps dip. Be sure your crops that won't survive the winter are matured and harvested. **Frost blankets** are perfect for protecting your garden during those temp drops, and extending your growing season.

**Succession Planting:** Let summer veggies continue to produce, but if one has reached its end, replace with a cool-weather veggie. Amend the soil first by adding a layer of Bumpercrop, since the summer veggies have depleted the nutrients in the soil. Transition is now!

**Good Earth Garden Market**

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