

Fresh Peach Sundae



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Ingredients:

- 2 tablespoon of butter.
- ¼ cup of packed brown sugar.
- 2 cups of sliced fresh peaches.
- ¼ teaspoon of ground cinnamon.
- Vanilla ice cream.
- ½ cup of toasted chopped walnuts or pecans.

Preparation Instructions:

In a skillet, heat the butter over moderate heat and stir in the brown sugar until dissolved.

Add the sliced peaches and cinnamon and sauté just until the fruit begins to soften (take approximately 3 minutes).

Spoon over scoops of vanilla ice cream and top with toasted chopped walnuts or pecans.